

SITEMSH CONGRESS

November 26 to 30, 2014

Wednesday, November 26

5 pm welcome reception

Thursday, 27th of November

Session 1 : knee session

Chairs: Aleix Vidal, Roberto Negrin

*Epidemiology and Knee Injury in Winter Center
Register 10 Years:*

Dr Aleix Vidal Font

Medial Collateral Ligament Injuries in Skiers

Dr Roberto Negrin Vyhmeister

*Examination and diagnosis of multiligaments injuries of the knee including instrumental
measurements*

Dr Robert Deakon

Fractures around the Knee

Dr Bernat Escoda

Meniscal root injuries

Dr Roberto Negrin Vyhmeister

Meniscal Sutures

Luigi Pederzini

Partial acl injuries

Dr Emilio Lopez

Anatomic reconstruction of acl with lateral tenodesis

Dr Luigi Perdezini

double boundle acl reconstruccion

was wath we expected ?

Dr Aleix Vidal Font

Revision ACL Surgery

Dr Tim Deakon

Anterior Knee Pain in skiers

Dr Bernat Escoda

Knee Instability: Diagnosis, Treatment – Options and return to Wintersport

M. Osti, Austria E. Abermann, K. Benedetto Austria

Session 2 :

Chairs: Breitfuß, Austria, Ernst Brandstätter, Austria

Introduction to the rescue system and the medical facilities of the Flachau-Amade-Ski-Area
Breitfuß - Austria

Session 3 Rehab session

Chairs: Anton Wicker, Austria

FMS-Functional Movement System: Classification and evaluation of the basics for functional movement
Jürgen Herfert – Austria

Moonwalk – Use of AlterG - treadmills after injuries of the lower extremities
Yvonne Landkammer, Austria

Case Presentation: A nordic combined athlete with ACL rerupture – what went wrong?
Robert Bernecker, Austria

Application of knee braces and socks during postural tasks
Jürgen Herfert, Austria

Platelet rich plasma in high level athletes after injuries
Jürgen Barthofer, Austria

Film: Adventure and Skiing

Friday, November 28

Session 4: epidemiology and severe injuries

Chairs:, Dominik Heim, Switzerland, Bernat Escoda Andorra

Epidemiology of wintersports accidents today: Update 2014 from a single center study. “What are we talking about today?”

Dominik Heim et al., Switzerland

Analysis of the epidemiological results: general reasons and mechanisms of wintersportaccidents. “Is it speed only?”

Rebecca Hasler, Switzerland

Injuries to the head II: “mild traumatic brain injury/MTBI – peanuts or serious injury with consequences to observe?”

Rita Schaumann, Switzerland

Management of head injuries

Marc-Herve´ Binet, France

Management of seriously injured patients on the slopes.

Marc-Herve´ Binet, France

Helicopter emergency medical services: How REGA plans to rescue people in the future – no matter what the weather is! (Video)

Karin Hörhager, Switzerland (presented by Dominik Heim)

Children are the most vulnerable on the slopes: “How can we protect them better from harm?”

Athanassios Zacharopoulos, Greece

Workplace accidents among ski area employees: “Watch out!”

Bernat Escoda Alegret, Andorra

Session 5

Chairs: Angelika Karner, Austria, Anton Wicker, Austria

The evacuation procedures and therapeutic measurements in alpine world cup events in Austria – practical views

Anton Wicker, Austria

Session 6

Chairs: Winfried Banzer, Germany, Martin Burtscher, Austria

The healthy sport in snow!

Thomas Woldrich, Austria

Ski Instructor – a healthy profession?

Winfried Banzer, Germany

Injury monitoring of ski accidents in Austria

Martin Burtscher, Austria

Is alpine skiing healthy?

Peter Schober, Austria

Drug use in alpine skiing: Benefits and harm

Martin Burtscher, Austria

8 pm Gala Dinner

Saturday, November 29

Session 7: upper limb injuries

Chairs: Alexander Genelin, Austria, KP Benedetto Austria

Shoulder Fractures in Wintersports

K. Benedetto, M.Osti, E. Abermann Austria

Augmentation in humeral fractures

F. Kralinger, Austria

Severe shoulder injuries in Winter Sports

S. Dehbalaie, Austria

Modern Fracture Treatment in Wintersport Patients

A. Genelin, Austria

Severe Wintersport Injuries - Case studies

F. Mores, Austria

The skier's thumb: "When do we have to get surgically active?"

Aleix Vidal, Spain

Session 8

Chairs: Hannes Laner, Austria

Practical training on an avalanche with an Austrian mountain rescue team
Hannes Laner, Austria

Session 9 : ISSS session: protection of wintersports injuries

Chairs: Marc-Herve´ Binet, France, Athanassios Zacharopoulos, Greece

Injuries to the head I: “is the helmet the solution?”
Rebecca Hasler, Switzerland

Helmets for everyone!
MH Binet, France

Which helmet is the best helmet?
Dominik Heim, Switzerland

prevention of ACL injuries through binding and plate design
Chris Brown, USA

Round table : protection and ski bindings

Christopher Brown (USA), Ulo Gertsch, (Switzerland) and other experts from Austria, France, Germany...

6 pm Closing Ceremony

8 pm – Farewell Party

Sunday 30th of November 2014

Departure Day