Wednesday, November 26

5 pm welcome reception

Thursday, 27th of November

Session 1 : knee session

Chairs: Aleix Vidal, Roberto Negrin

Epidemiology and Knee Injury in Winter Center
Register 10 Years:
Dr Aleix Vidal Font

Medial Collateral Ligament Injuries in Skiers
Dr Roberto Negrin Vyhmeister

Examination and diagnosis of multiligaments injuries of the knee including instrumental measurements
Dr Robert Deakon

Fractures around the Knee
Dr Bernat Escoda

Meniscal root injuries
Dr Roberto Negrin Vyhmeister

Meniscal Sutures
Luigi Pederzini

Partial acl injuries
Dr Emilio Lopez

Anatomic reconstruction of acl with lateral tenodesis
Dr Luigi Perdezini

double boundle acl reconstruccion
was wath we expected ?
Dr Aleix Vidal Font

Revision ACL Surgery
Dr Tim Deakon

Anterior Knee Pain in skiers
Dr Bernat Escoda

Knee Instability: Diagnosis, Treatment – Options and return to Wintersport
M. Osti, Austria  E. Abermann,K. Benedetto Austria
**Session 2:**
Chairs: Breitfuß, Austria, Ernst Brandstätter, Austria

*Introduction to the rescue system and the medical facilities of the Flachau-Amade-Ski-Area*
Breitfuß - Austria

**Session 3 Rehab session**
Chairs: Anton Wicker, Austria

*FMS-Functional Movement System: Classification and evaluation of the basics for functional movement*
Jürgen Herfert – Austria

*Moonwalk – Use of AlterG - treadmills after injuries of the lower extremities*
Yvonne Landkammer, Austria

Case Presentation: *A nordic combined athlete with ACL rerupture – what went wrong?*
Robert Bernecker, Austria

*Application of knee braces and socks during postural tasks*
Jürgen Herfert, Austria

*Platelet rich plasma in high level athletes after injuries*
Jürgen Barthofer, Austria

Film: Adventure and Skiing

**Friday, November 28**

**Session 4: epidemiology and severe injuries**
Chairs: Dominik Heim, Switzerland, Bernat Escoda Andorra

*Epidemiology of wintersports accidents today: Update 2014 from a single center study. “What are we talking about today?”*
Dominik Heim et al., Switzerland

*Analysis of the epidemiological results: general reasons and mechanisms of wintersport accidents. “Is it speed only?”*
Rebecca Hasler, Switzerland

*Injuries to the head II: “mild traumatic brain injury/MTBI – peanuts or serious injury with consequences to observe?”*
Rita Schaumann, Switzerland

*Management of head injuries*
Marc-Herve´ Binet, France

*Management of seriously injured patients on the slopes.*
Marc-Herve´ Binet, France

*Helicopter emergency medical services: How REGA plans to rescue people in the future – no matter what the weather is!* (Video)
Karin Hörhager, Switzerland (presented by Dominik Heim)

*Children are the most vulnerable on the slopes: “How can we protect them better from harm?”*
Athanassios Zacharopoulos, Greece

*Workplace accidents among ski area employees: “Watch out!”*
Bernart Escoda Alegret, Andorra
Session 5
Chairs: Angelika Karner, Austria, Anton Wicker, Austria

*The evacuation procedures and therapeutic measurements in alpine world cup events in Austria – practical views*
Anton Wicker, Austria

Session 6
Chairs: Winfried Banzer, Germany, Martin Burtscher, Austria

*The healthy sport in snow!*
Thomas Woldrich, Austria

*Ski Instructor – a healthy profession?*
Winfried Banzer, Germany

*Injury monitoring of ski accidents in Austria*
Martin Burtscher, Austria

*Is alpine skiing healthy?*
Peter Schober, Austria

*Drug use in alpine skiing: Benefits and harm*
Martin Burtscher, Austria

8 pm Gala Dinner

Saturday, November 29

Session 7: upper limb injuries

Chairs: Alexander Genelin, Austria, KP Benedetto Austria

*Shoulder Fractures in Wintersports*
K. Benedetto, M.Osti, E. Abermann Austria

*Augmentation in humeral fractures*
F. Kralinger, Austria

*Severe shoulder injuries in Winter Sports*
S. Dehbalaie, Austria

*Modern Fracture Treatment in Wintersport Patients*
A. Genelin, Austria

*Severe Wintersport Injuries - Case studies*
F. Mores, Austria

*The skier’s thumb: “When do we have to get surgically active?”*
Aleix Vidal, Spain
Session 8

Chairs: Hannes Laner, Austria

*Practical training on an avalanche with an Austrian mountain rescue team*
Hannes Laner, Austria

Session 9 : ISSS session: protection of wintersports injuries

Chairs: Marc-Herve´ Binet, France, Athanassios Zacharopoulos, Greece

*Injuries to the head I: “is the helmet the solution?”*
Rebecca Hasler, Switzerland

*Helmets for everyone!*
MH Binet, France

*Which helmet is the best helmet?*
Dominik Heim, Switzerland

*prevention of ACL injuries through binding and plate design*
Chris Brown, USA

Round table : protection and ski bindings

Christopher Brown (USA), Ulo Gertsch, (Switzerland) and other experts from Austria, France, Germany…

6 pm Closing Ceremony

8 pm – Farewell Party

Sunday 30th of November 2014

Departure Day